



# BISHOP CONNOLLY HIGH SCHOOL HEALTH OFFICE

## COVID-19 INFORMATION

The Health Office is here to help answer any questions or concerns you may have about COVID-19. Please call our Main Office at 508-676-1071. The Health Office is open from 7:45 a.m. to 2:15 p.m. daily.

### **Please keep your child home if they have any of the symptoms listed:**

- > Fever (100.0° Fahrenheit or higher), chills, or shaking chills
- > Cough (not due to other known cause, such as chronic cough)
- > Difficulty breathing or shortness of breath
- > New loss of taste or smell
- > Sore throat
- > Headache, when in combination with other symptoms
- > Muscle aches or body aches
- > Nausea, vomiting, or diarrhea
- > Fatigue, when in combination with other symptoms
- > Nasal congestion or runny nose (not due to other known causes, such as allergies), when in combination with other symptoms

**PLEASE NOTE: If any member of your household is being tested for COVID-19 and has any of the above symptoms, we ask that you keep your child at home until the results of the test have come back.**

If your child is considered a close contact of someone who has tested positive for the virus, they must self-quarantine for 14 days, whether or not they get tested. Even if your child tests negative, they must still self-quarantine for the full 14 days from the last exposure they had with the close contact who tested positive. Symptoms can take up to 14 days to appear, and if tested too early, the virus may not be detected right away.

If your child tests positive for COVID-19, then self-isolation is for a minimum of 10 days. If your child tests positive and has any symptoms, in order to return to school, they must isolate for a minimum of 10 days and they must be fever-free for 24 hours without any medication, and with a marked improvement of any other symptoms they may have had.